

## Small Boats Operations Training Seabag list

Quantity	Item	Notes
1	ID Card	
2	Sets of working uniforms	
1	Black belt for NWU's (Riggers Belt OK)	
1	Working Uniform Cover with patch	
1	Watchcap, plain black ONLY	
1	Working Uniform Cold weather jacket (NWU parka and/or black fleece)	
7	Working Uniform T-shirt (other training T-shirts OK)	
2	Blousing Straps pair (rubber bands, etc work also)	
1	Black Cold Weather Gloves	
3	PT Shorts, Sweatpants OK	At least one pair must be blue
3	PT Shirts	
1	PT Jacket/hoodie	
7	Black Socks (you can bring extra ones for added warmth)	
7	White Socks	
7	Pair Underwear (any color)	
1	Black Boots	
1	Extra Boots (any color or style)	
1	Running Shoes	Extra pair recommended
1	Shower Shoes	
1	Towel	
1	Washcloth	
1	Hygiene Kit (soap, razor, toothbrush, etc.)	
1	Canteen (Camelback, water bottle, etc)	
1	Flashlight	
1	1" 3-ring binder with loose leaf paper & black pens	Include all required paperwork
	Civilian attire	Always travel in CIVIES
	<b>Optional Items</b>	
	Bible, schoolwork, etc. (magazines not allowed)	
	Balaclava and clear lens ski goggles	Highly recommended
	Knife. Ensure to follow all travel regulations regarding knives! Keep it in checked baggage, etc.	
	Don't bring anything ridiculous	

NOTE: Items like PT gear, underwear, towels, sheets, etc can be of any color or style as long as it is appropriate. You will wear survival suits while underway, but if you may bring extra clothes to keep warm if you believe it may be a problem. Linens are provided. No Dress uniforms. Luggage/suitcase style doesn't matter. Do not bring your service record as we will have access to your medical record in Magellan.